Do you have an idea for a project in mind?

Whether you need support in developing your project, a one-off collaboration or a more formal partnership, come and discuss it with us!

It is open to all: individuals, groups of friends, community organizations, ...

You want to help by offering a little bit of your time?

Come join our team on a regular or occasional basis, your help is always appreciated!

Do you have too many clothes for your children? Any unused dishes?

We welcome all donations, whether material or money (charitable receipts provided).

Thank you in advance!

Do not hesitate to contact us, you will always be warmly welcomed!

Phone
(418) 694-0601

Email
cai@soutenir.org

Do not forget to make an appointment before you visit us!

Carrefour d’Action Interculturelle
14, rue Dauphine
Québec (Québec) G1R 3W8

www.soutenir.org
Carrefour d’action interculturelle is an organization that supports new (and not so new) arrivals into Quebec.

Our mission is to facilitate the integration of immigrants, while raising awareness of cultural diversity.

It is open to all, regardless of age, gender, origin, religion or status (no identity document will be required).

Everyone is welcome!

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**PERSONALIZED SUPPORT**

Need a boost in your efforts? Need information about a new country? Our workers provide customized individual support. We determine your needs together, finding what is relevant and accompany you in your efforts information.

**CLOTHING SUPPORT**

Thanks to donations of clothes that we receive, we offer to people who need to support with a few clothes. Surely no one can start the winter without a hat and a pair of mittens!

**COLLECTIVE SHOPPING**

When you are not in your familiar environment, it’s complicated to fill your fridge! Also, every two weeks, we propose to accompany you shopping. It is better to have good company when to do shopping!

**MOBILE THRIFT SHOP**

It is not always easy to find clothes and other everyday items at low prices and have access. Our mobile thrift shop comes directly move to your neighbourhood! At 25 cents a piece at the bottom of your road, come make a bargain or just socialize! Smile guaranteed!

**GROUP AND FAMILY OUTINGS**

Want to discover Quebec City? We regularly organize group outings, picnics and other discovery or sports activities. Come, join us!

**INTERCULTURAL EVENTS**

Because CAI is about creating meeting spaces, we provide moments to share and discover with others. Join us to celebrate, share or just have fun!

**LANGUAGE INSTRUCTION FOR SOLIDARITY**

French - English - Spanish - ...

We freely offer help to people wanting to learn a new language or improve in another, through weekly courses of foreign languages and French.

**AWARENESS, INFORMATION & PREVENTION**

As the fight against prejudice and openness to others are our guiding ideas, we organize various themed activities to raise awareness of immigration, cultural diversity and the need to live together. Exhibitions, conferences, coffee meetings and workshops are held to develop these ideas, according to the needs and expectations of stakeholders.